



Come and Meet your Social Prescribing Link Worker

What is Social Prescribing?

Come and spend time in the peaceful surroundings of the garden and find out more.

We work with all ages, including 18 and under.

Visit: **The MAST Jubilee Garden,
HD8 9DA.**

Next to Skelmanthorpe Family
Doctors

- **Drop in between 10:00 - 12:00**
- **Every Wednesday 31st July –
28th August**